

### Bringing out the Best in Everyone. 'Encourage one another and build each other up.' Thessalonians 5:11

Date: 26<sup>th</sup> April 2024

Dear Parents and Carers

It's been a lovely week in school and the children have enjoyed playing in the sunshine with their friends!



#### Messy Church

We are delighted to welcome Reverend Tim & Reverend Norma back to run Messy Church this month. Messy Church is a club open to all pupils in Nursery, reception, Robins and



the House Martins. Children attending must be accompanied by a parent. The club will run next **Wednesday 1<sup>st</sup> May 3:15-4:15pm.** There is no charge for the club but Reverend Tim and Reverend Norma ask for a donation to cover the cost of refreshments and materials. Please email <u>admin@tilston.cheshire.sch.uk</u> to book a place. Places are limited to 20 and will be allocated on a first come first served basis.

Headteacher: Mrs Kelsey MortTel: 01829 250204Address: Church Road, Tilston, Malpas, Cheshire, SY14 7HBEmail: admin@tilston.cheshire.sch.uk

# **Wellbeing at Tilston School**

At Tilston School we understand the importance of wellbeing.

Over the last few years, wellbeing and its effects on children's future mental health has become better understood. We know that how our children respond to mental health issues at primary school age can significantly impact them later on in life. Today's children are tomorrow's future, so how we act now is vital in helping to ensure well rounded forthcoming generations.

Currently we have one teaching assistant, Mrs Huxtable, who is the wellbeing lead out our school. Any child, or family at our school can spend time with Mrs Huxtable, to discuss issues that may be worrying them, these vary from dealing with self-esteem challenges, bereavement, changes in family situations to more complex needs.

These sessions are as frequent as individuals need and are currently held in the school library, in a specially designated area. While the space is welcoming and calming it is not private, which for some situations is not right. An office is also not the right environment for these sessions to take place, children open up more and are more inclined to engage when they are in a comfortable environment that is on their level, not an office setting.

It is for this reason that we need your help. We would like to create a private wellbeing space, that will encourage users to engage with these crucial services. We would like to raise funds to have our very own Wellbeing Pod.

The pod will be purpose built for our school families wellbeing needs; it will provide a safe, private space in which children can speak to Mrs Huxtable in confidence. This is not a luxury, it is a necessity and the whole school family and wider community will benefit from the opportunities that our Pod will provide.

This is where we need your help! A fully fitted, purpose-built pod, including electrics will cost us  $\pounds12,000$ . The Tilston School Association (TSA), which is a registered charity has agreed to fund  $\pounds3,000$  which leaves a further  $\pounds9,000$  that we need to find. To help us achieve this huge amount we will be setting up a Just Giving page where individual donations can be made, the details of this page we will share shortly. As our Tilston family we need your help to spread the word about our fundraising efforts and help us achieve our  $\pounds9,000$  target.

If you have family members, or friends that would like to be part of a lasting legacy, by making a donation we would welcome your support. If you work for a company, that as part of its corporate social responsibility, makes donations to local causes, please point them in our direction. The more people that we can get to support us, the quicker we can reach our target and start helping more children. Depending on the level of donation there are sponsorship opportunities that we can discuss. Most importantly we need to get our fundraising efforts off the ground.

We are open to suggestions, so if there are ways in which you feel you can help, please speak to a member of the TSA team: Lucy Cheshire, Donna Adair, Kelly Allnutt, Kirsty Edginton, Helen Young, Caz Hewitt, Charlotte Hewitt Davis,

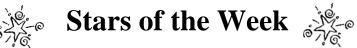
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Katie Jones, Lucy Mills or Claire Allwood! Alternatively, speak to Mrs Mort or Mrs Farmer and they will put you in touch.

Ideally, we would like to get our pod built and ready for use as soon as possible, so dig deep and get donating.



Our personal development goal this week is **improve**. Well done to the following children for showing an improvement this week.



YR	Evelyn: improving her confidence in reading	
Y1	Jake: improved concentration in phonics	
Y2	Florence W: improved focus on achieving her best	
Y3	Beatrix: improved concentration	
Y4	Angus: improved focus in his literacy	
Y5	Lawrence: improved presentation in his books	
Y6	Megan: an improved attitude in maths	





Reception	Arthur
Year 1	Harvey
Year 2	Teddy
Year 3	Beth
Year 4	Emily
Year 5	Phoebe
Year 5	Harry

Our Star Hand Writers



The Class Dojo Champions this week are the **House Martins**. Well done for always being **ready**, **respectful and safe**.

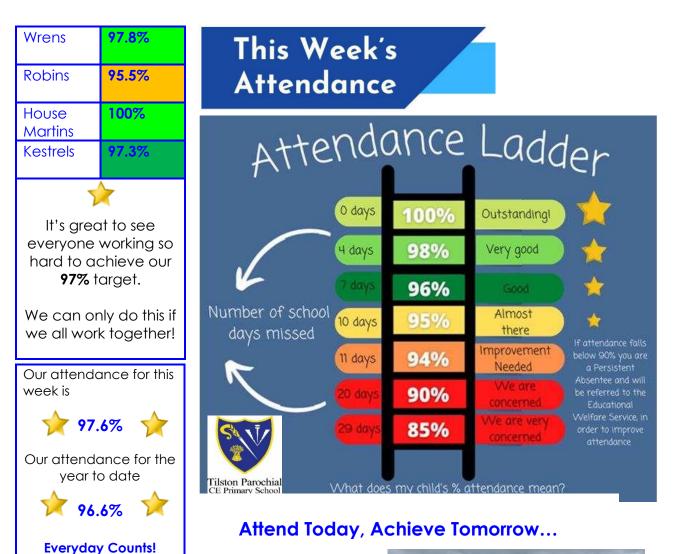
Wrens & Bluebell Nursery	Robins	House Martins	Kestrels
332	405	449	202

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# School Menus

#### Next week's menu is WEEK 2 https://www.tilston.cheshire.sch.uk/serve\_file/22875507



Year 3 & 4 Football Tournament

Congratulations to our year 3 & 4 football team for their fabulous performance at BHHS last night. They all showed outstanding teamwork and excellent skills and we are very proud of how well they represented our school.

A special thank you to Mrs Huxtable to organising the team and to the Heber for another brilliant tournament.



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#### **School Uniform**

At Tilston Primary School we place a high level of importance on children wearing the correct school uniform and PE kit. We ensure all of our uniform is easily accessible and affordable for all families. We have a large quantity of pre-loved (second hand) uniform available on our online shop at a heavily discounted rate. Uniformd (Please click on the link)

#### Boys

Grey trousers or shorts Pale blue school polo shirt School sweatshirt or plain royal blue sweatshirt School fleece (optional) Plain socks Black shoes

## Girls

Winter Grey skirt, pinafore dress or trousers Pale blue school polo-shirt School sweatshirt or plain royal blue sweatshirt or school cardigan School fleece (optional) Plain socks or tights (grey) Black shoes Summer Blue and white gingham dress Plain socks Black shoes

#### PE

Black shorts, school PE shirt, gym shoes or trainers Tracksuit if cold

#### Jewellery

Stud earrings and watches only No nail varnish No make up

Prayer of the week

Lord Jesus, thank you for the gift of our friends. At every opportunity, **help us to encourage one another and build each other up.** 

Make us aware when our friends are sad or feel they have failed. **Help us to** encourage one another and build each other up.

When we are tempted to be negative or criticise our friends, instead, **help us to encourage one another and build each other up.** 

Amen

Wishing you all a lovely weekend.

Yours sincerely

K Mort

Mrs Kelsey Mort

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### <mark>Next Week</mark>



Summer Term 2024							
Date	Time	Event/Venue					
Tuesday 30 <sup>th</sup> April	9:45am and	Year 4 parents only					
· · ·	<mark>4:45pm</mark>	Multiplication Check meeting (Mrs Hughes)					
Friday 3 <sup>rd</sup> May	9am	Reception hearing & vision checks					
Monday 6th May		Bank Holiday- School closed					
Tuesday 21st May	9-11am	Stay & Play					
Friday 24 <sup>th</sup> May- Inset Day- School closed to all children							
Half term- Monday 27th-Friday 31st May							
Friday 7 <sup>th</sup> June	1:15pm	Sports Day					
Friday 7 <sup>th</sup> June	3:15pm	TSA Summer Fair					
	onwards						
Tuesday 11 <sup>th</sup> June	9:10am	Family Worship- Kestrels Class					
Friday 14 <sup>th</sup> June	9:15-2:45pm	Ethos Conference- Worship Leaders to attend with					
		Mrs Mort. (Details to follow)					
Monday 17 <sup>th</sup> June	1:30pm	Whole school photograph					
Friday 21 <sup>st</sup> June	9:15-2:30pm	Y5 Languages/Science Day (BHHS) Details to follow					
Monday 24 <sup>th</sup> June	5pm	Deanery Sports- Tarporley High School					
Wednesday 26 <sup>th</sup>	9-11am	Stay & Play					
June							
Monday 1 <sup>st</sup> July	1:30pm	KS2 Production- Dress rehearsal					
		(Whole school)					
Wednesday 3 <sup>rd</sup>	1:30pm (TBC)	KS2 Production (Grandparents)					
July							
Wednesday 3rd	6:30pm (TBC)	KS2 Production					
July							
Thursday 4 <sup>th</sup> July	6:30pm (TBC)	KS2 Production					
Wednesday 10 <sup>th</sup>	1:30pm	Leavers' Service at Chester Cathedral (Y6 only)					
July							
Friday 12 <sup>th</sup> July	9:15-3pm	Y5 Computing/Maths curriculum day (BHHS) Details					
		to follow					
Tuesday 16 <sup>th</sup> July	9:15-2:30pm	Y6 Intake Day- BHHS					
Tuesday 16 <sup>th</sup> July	9:30-12:00pm	Move Up Day					
		(All children will spend the morning in their new					
		classes)					
Wednesday 17 <sup>th</sup>	5-7pm	BHHS Art Celebration Evening					
July							
Thursday 18 <sup>th</sup> July	6-8pm	Y6 Leavers' Party					
Monday 22 <sup>nd</sup> July	6:30pm	Y6 Leavers' Service at St Mary's Church					
Tuesday 23rd July		Pupils Finish					
Wednesday 24 <sup>th</sup>		Inset Day					
July							

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